

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



October 30th 2025

Congratulations Zoe from the QRWC

Zoe Eastwood-Bryson honoured as Life Member of Australian Athletics



In a fitting recognition of five decades of service to Australian athletics, Zoe Eastwood-Bryson (SA) has been awarded Life Membership of Australian Athletics at the organisation's Annual General Meeting.

The honour marks a milestone 50th year of involvement in the sport for Eastwood-Bryson, whose distinguished career has spanned officiating, administration, and advocacy at both the national and international level. Over that time, she has been a respected presence on the track and in technical circles, helping shape the standards and professionalism of athletics in Australia and beyond. Such is her standing in world athletics that next month, Eastwood-Bryson will travel to China to serve as a judge at the prestigious Chinese National Games – the largest and most celebrated sporting event in the country.

Zoe Eastwood Bryson first participated in athletics as a member of the Central Districts (later Elizabeth) AAC in 1976, competing in throwing events and has been actively involved in the administration, officiating and promotion of race walking in South Australia, and eventually across Australia and beyond, since 1980.

As well as her involvement in the discipline of race walking, Zoe has provided her enthusiastic and skilled services as an official for Athletics South Australia (ASA), and similarly beyond, since the late 1990s.

Zoe's first interaction with race walking came in 1979 as a result of being "a bit bored" watching longer events involving her then partner – so she picked up a lap board and stopwatch and began a to-date 45 year plus commitment to her sport and South Australian Walkers Club (SAWC). This has included judging, recording, timekeeping and holding office and the coordination of the judging panels. Zoe was president of SAWC from 2006 to 2023 and previously held the position of secretary from 1994 to 1999 and also in 2002. As a result of her continuous involvement with the SAWC, Zoe was awarded life membership in 2005. As president of SAWC, Zoe ensured that the activities of the club were supportive of all members and provided an inclusive environment for participation of walkers of all ages and abilities. She remains judging coordinator and child-safeguarding officer.

Zoe has officiated as a judge at Australia Athletics race walking events since 2003 and as chief judge on many occasions since 2006. Zoe did not hold back on both gaining further education and qualifications and immersing herself in competitions at all levels. Her next international opportunity came as a call room judge for the 2006 Commonwealth Games in Melbourne, followed by a range of appointments in the call room and as a race walking judge for the Pacific Mini Games and other Oceania meets and championships. After being encouraged and mentored by international judge Bob Cruise through the various national qualifications, Zoe passed the evaluation to become an area (now known as silver) race walking in 2010 – serving on the Oceania Panel for the four-year period ending in 2013. At the 2014 evaluation, Zoe was advanced to the international (now gold) panel – of which she remains a highly regarded member in 2025.

This led to Zoe being regularly appointed to major international events as a race walking judge beginning with the World Championships in Beijing in 2015 and then the World Under 18 Championships in Nairobi two years later.

In 2018 came appointments as chief race walking judge for the 2018 Commonwealth Games on the Gold Coast and as a judge for the World Teams Championships in Taicang, China. Many other appointments have followed including two more world championships – Budapest in 2023 where she was the first ever female chief judge and Tokyo in 2025 and also the 2020 Olympics.

Zoe's commitment to training and mentoring other race-walking judges extends from her home base in Adelaide throughout Australia, Oceania and beyond. She is regularly sought after as a judge for national championships and circuit races in Asia.

Zoe has previously been recognised with life membership of Athletics SA in 2018 and with the AA Platinum Pin acknowledging 40 years of service in 2020. Zoe was vice president of Race Walking Australia in both 2014-15 and 2015-16 and was awarded their 25 years' merit award service pin recognition in 2021.

Zoe's service and commitment to her sport continues with a passion and provided the strongest credentials for her election today as a Life Member of Australian Athletics.

RESULTS RESULTS RESULTS

UQ Sport 1500m Classic

October 30th

Women 1500m RW Open

- 1 Olivia Boulton Gold Coast Athletics Inc 6:53.13
- 2 Taylor Chapman University of the Sunshine Coast 7:03.29
- 3 Eliza Kelly Qld Race Walking Club 7:29.60
- 4 Phoebe Chadwick Qld Race Walking Club 7:31.50
- 5 Bella Sansom Deception Bay Amateur Athletic 8:30.64
- 6 Violet Conway Qld Race Walking Club 8:39.78
- 7 Patricia Hibbs Qld Race Walking Club 9:07.72
- 8 Lilli Chu Border Striders 9:07.76
- 9 April Kelly Qld Race Walking Club 10:12.51

Men 1500m RW Open

- 1 Bailey Housden Qld Race Walking Club 5:55.75
- 2 Noah Cooke Qld Race Walking Club 6:04.82
- 3 Lachlan Moore Ignition Athletics Club 6:33.31
- 4 Hayden Robertson Qld Race Walking Club 7:26.85
- 5 Leo Ramsay Qld Athletics Base Membership 8:27.68

Queensland Athletics Track Season

THIS WEEK

November 1st QSAC

- 5.45 pm Men's 3,000 metres
- 6.15pm Women's 3,000 metres

Entries [Gary Brown Shield Meet - Queensland Athletics](#)

Entries Close: 31st October, 9am

November 8th UQ 5,000 metres QA Championships

6:20pm 5000m Walk Championship U17/U18/U20 Male/Female

Entries [Queensland 5000m \(U20,Open\) & 5000m Race Walk \(U17, U18, U20\) Championships - Queensland Athletics](#)

Entries Close: Friday 7th November, 9am

- Note there are 3 age divisions: U17, U18 and U20s.
- Athletes currently aged 14years to 19 years old can enter.
- There will be a single race start and you can only enter 1 age division.

November 22nd QSAC

6:50pm 10,000m Race Walk 16+ Male/Female

Entries [Joanna Stone Shield Meet - Queensland Athletics](#)

November 29th QSAC 3,000/5,000 metres

January 11th QSAC 3,000/5,000 metres

January 17th QSAC 3,000/5,000 metres

February 21 QSAC 3,000 metre / 10,000 metres QA Championships

February 28th UQ 3,000 Metre Championships

March 7th QSAC 3,000/5,000 metres

March 25th QSAC 5,000 metres

Queensland Masters Athletics Track Season

Draft programmes – subject to change depending on track availability. The next meet is on Saturday November 8th.

8th November 2025 Saturday Main Track*

7.30am 3000m Race Walk

9.35am 1500m Race Walk

22nd November 2025 Saturday Main Track*

7.40am 3000m Race Walk

9.45am 800m Race Walk

29th November 2025 Saturday Main Track*

7.15am 5000m Race Walk

9.15am 1500m Race Walk

6th December 2025 Saturday Main Track*

7.30am 3000m Race Walk

9.35am 800m Race Walk

20th December 2025 Saturday, Main Track*

9.00am 1500m Race Walk

21st December 2025 Sunday Main Track*

8.15am 3000m Race Walk

9.30am 800m Race Walk

17th January 2026 Saturday Main Track*

7.30am **3000m Race Walk Championship**

9.50am 1 Mile Race Walk

24th January 2026 SAF*

9.40am 1500m Race Walk

31st January 2026 SAF*

7.30am 3000m Race Walk

9.55am 800m Race Walk

14th February 2026 Saturday, Venue SAF

9.00am 1500m Race Walk

15th February 2026 Sunday, Venue SAF

8.15am 3000m Race Walk

9.30am 800m Race Walk

Saturday 21st February 2026 - Track Events State Athletics Facility

QMA State Championships 2026

9.00am **5000m Walk Championship**

Saturday - 21st February

9.30am **1500m Walk Championship**

28th February 2026 Saturday, Venue SAF

8.10am 3000m Race Walk

Little Athletics Summer S2 Carnival

GC Performance Centre, 23rd November

Draft Programme

3:10pm

U10 Girls 1100m Race Walk

U10 Boys 1100m Race Walk

U11 Girls 1100m Race Walk

U11 Boys 1100m Race Walk

U14 Girls 1500m Race Walk

U14 Boys 1500m Race Walk

U15 Girls 1500m Race Walk

U15 Boys 1500m Race Walk
U16 Girls 1500m Race Walk
U16 Boys 1500m Race Walk
U17 Girls 1500m Race Walk
U17 Boys 1500m Race Walk

3:45pm

U9 Girls 700m Race Walk
U9 Boys 700m Race Walk
U12 Girls 1500m Race Walk
U12 Boys 1500m Race Walk
U13 Girls 1500m Race Walk
U13 Boys 1500m Race Walk

Australian Marathon Race Walking Championships **Saturday, 29 November Stromlo Forest Park, Canberra**

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

The event is open to both senior men and women. Athletes should only enter if they expect to finish under 4:10.

2025 Australian All Schools Athletics Championships **Melbourne December 4-7th**

Draft Timetable as at 25 June 2025

04-12-2025

17:15 Female 3000m Race Walk U14
17:40 Male 3000m Race Walk U14
18:05 Female 5000m Race Walk U18
18:05 Female 5000m Race Walk U17
19:05 Male 5000m Race Walk U18
19:05 Male 5000m Race Walk U17

06-12-2025

17:10 Female 3000m Race Walk U16 Final
17:10 Female 3000m Race Walk U15 Final
18:10 Male 3000m Race Walk U16 Final
18:10 Male 3000m Race Walk U15 Final

QRWC the Sport Provider 10km walk at the **2026 Pan Pacific Masters Games**

Events Management Queensland have advised that our application to host Athletics – Road Race Walk as part of the 2026 Pan Pacific Masters Games to be held on the Gold Coast, from 6 to 15 November, 2026 has been successful.

The 10km road walk will be conducted on **Sunday November 8th** on the Luke Harrop Criterium cycling circuit at Runaway Bay starting at 7am.

Track and field events at these Games will be on Saturday 7th, Sunday 8th & Monday 9th

Australian Masters Athletics Championships
Australian Institute of Sport, Leverrier Street, Bruce ACT

March 6-9th 2026

Draft Walks Programme

Friday 6th 1,500 metres AIS track

Saturday 7th 5,000 metres AIS track

Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>



Australian Athletics Championships
Sydney Olympic Park Athletic Centre April 9-12, 2026

Aligned 2026 National Junior Athletics Championships QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates and details for the inaugural aligned athletics championships in Brisbane in 2026.

April 12 – 14: Australian Little Athletics Championships

April 15 – 20: Australian Athletics Junior Championships

Across both events athletes from around Australia will compete as part of a celebration of the sport and its growing success as we head towards a 2032 home games.

AA and LAA have agreed to a number of changes in 2026 to the two events. In summary:

The youngest age group at AAJC will be Under 14 (athletes born in 2013, or for PV and HT only, 2014). AAJC will not include an Under 13s competition (athletes born in 2014 or later).

The age groups competing at the ALAC will be

Under 12 – Athletes born in 2014 and

Under 13 – Athletes born in 2013 (LAA age group definition) and will not include any age groups for athletes born before 2013.

Eligibility for both championships will be open to the whole of sport.

ALAC will have increased team numbers to provide more opportunities for national championships for athletes across the whole of sport.

Little Athletics athletes who achieve the requisite AA entry standards will be eligible to compete in the AAJC.

ALAC Entries will be managed/facilitated through LAA Member Associations.

AAJC Entries will be managed/facilitated through AA State Member Associations.



WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
BRASÍLIA 26

**World Athletics Race Walking Team Championships will be held
in Brasilia, Brazil on 12 April 2026**

Important Masters Meets in 2026/27

2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

2027 OMA Championships

- Date: January 27 – 31, 2027
- Venue: Christchurch NZ

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025* – 30 SEPTEMBER 2026

***season to open early for All Schools in 2025 on 01 September**

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Membership Options

Membership Level	Cost (plus club fee*)	QA Shield Meet Entry	QA Championship Entry	Cross Country Series	Eligible for QLD Team?
Platinum	\$250	FREE	\$10/event	\$12	✔ Yes (All events)
Gold	\$150	\$18	\$22/event	\$12	✔ Yes (All events)
Base & Qrun	\$12	\$32	\$32/event	\$12	✘ Not eligible

Non-Competing Members

Role	QA Fee	Notes
Volunteer	\$0	Club volunteers for operations & comps
Committee Member	\$0	Must be registered members
Official	\$0	Must be accredited with Australian Athletics
Coach	\$0	Must be registered and accredited

 **Blue Card Required** (Working with Children Check)
 Check with your club or visit bluecard.qld.gov.au

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking:

- **Contact:** The athlete must never have both feet off the ground at once.
- **Knees:** The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media P Chadwick

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor R Wales, J Dale

Blue Card Co-ordinator B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.